

**November 1**

**Awakening**

“God helps us as we help each other.”

Basic Text, p. 51

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Our addiction caused us to think almost exclusively of ourselves. Even our prayers—if we prayed at all—were self-centered. We asked God to fix things for us or get us out of trouble. Why? Because we didn’t want to live with the problems we’d created for ourselves. We were insecure. We thought life was about getting, and we always wanted more.

And in recovery we get more—more than just not using. The spiritual awakening we experience in working the Twelve Steps reveals to us a life we never dreamed possible. We no longer need to worry about whether there will be “enough,” for we come to rely on a loving Higher Power who meets all our daily needs. Relieved of our incessant insecurity, we no longer see the world as a place in which to compete with others for the fulfillment of our desires. Instead, we see the world as a place in which to live out the love our Higher Power has shown us. Our prayers are not for instant gratification; they are for help in helping each other.

Recovery awakens us from the nightmare of self-centeredness, strife, and insecurity that lies at the core of our disease. We wake up to a new reality: All that is worth having can be kept only by giving it away.

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**Just for today:** My God helps me as I help others. Today, I will seek help in giving away the love my Higher Power has given me, knowing that is the way to keep it.

**today:** No matter what my personal circumstances, I belong

916 North Area  
Activities and Public Relations  
presents



## *Clarity Statement*

*We are presented with a dilemma; when NA members identify themselves as addicts and alcoholics, or talk about living clean and sober, the clarity of the NA message is blurred. To speak in this manner suggests that there are two diseases, that one drug is somehow separate from the rest, requiring recognition.*

*Narcotics Anonymous makes no distinction between drugs. Our identification as addicts is all-inclusive, which allows us to concentrate on our similarities, not our differences.*

*Extract from NA World Services Board of Trustees Bulletin # 13 – Some thoughts regarding our Relationship to Alcoholics Anonymous.*

- *10-11:30 am Breakfast for Books*
  - *A Penny-A-Day fundraiser, hosted by the Paradise Sunday Night Men's Meeting*
- *10:00- 11:00 am- GSR Training and Workshop-*
  - *Tamora P. 916 North ASC Vice Chair*
- *11:00am – 12:00 pm - Newcomer Workshop*
  - *Michael H. - Contra Costa Area P.R. Chair*
- *12:00-1:00pm - Phonenumber Orientation –*
  - *James C. & Ken R.- 916 N Area Phonenumber Coordinators*
- *1:00-2:00 - For Young People by Young People*
  - *Karina NCRSC Recording Secretary*
- *2:00-3:30pm - Regional Restructure*
- *3:30 -5:00pm - Area Planning Tool*
- *5:00- 6:30pm - Dinner (Teriyaki Bowls)*
- *7:00 Main Speaker Meeting*
  - *Developing Strong Home Groups – Willie C. NCRSC V. Chair*
  - *Special Workers and RCM - Mo 36 years NCRSO Special Worker*